



5

LOMA DE VIDA SPA

La Cantera Resort & Spa - San Antonio

Ranked among the best spas in Texas, Loma de Vida Spa at La Cantera Resort offers a menu of wellness rituals, massages, body treatments and facials, as well as hair and nail treatments. Movement classes like spinning, yoga and TRX promote wellness, while the onsite Quenche Juicery is the place to recharge with a nourishing menu of cold-pressed juices.

Photo courtesy of La Cantera Resort & Spa