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SPATACULAR

6 blissful places to pamper your group



GET
YOUR
ZEN
ON

THESE LUXURIOUS RESORT SPAS WILL PAMPER
YOUR GUESTS IN THE SPA OR THE MEETING ROOM.

BY MELISSA SERSLAND



LAKE AUSTIN SPA RESORT

ment itself.

“Allot enough time to enjoy everything that we have to offer,” Herman says. Add a lunch or snack to the experience, and encourage attendees to stay longer to relax, socialize and network.

The spa can also help planners incorporate its offerings into their agendas, including a Blend Bar where guests make their own body scrub and moisturizer or take part in outdoor yoga. Other ideas include hosting a happy hour at sunset on the spa’s back porch or welcoming attendees to the event with chair massages, facial demonstrations, hand scrubs or express manicures and pedicures. *hillcountry.hyatt.com/hyatt/pure/spas*; 210.767.5577

LakeHouse Spa

LAKE AUSTIN SPA RESORT

As the only boutique resort property directly on Lake Austin, the Lake Austin Spa Resort encourages guests to take advantage of the lake to complement their spa experience.

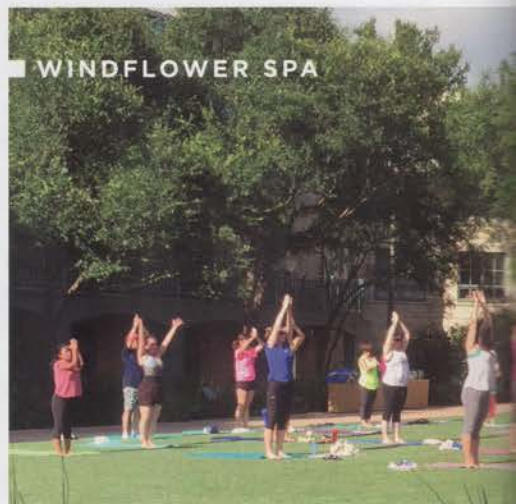
“Part of our mantra is ‘disconnect to connect,’” says Nanci Reilly, director of sales. “We



LAKE AUSTIN SPA RESORT



THE TRELIS SPA



WINDFLOWER SPA

want you in the water playing or in the spa having a fabulous treatment.”

The staff creates customized spa menus for groups from the spa’s more than 100 treatments. The LakeHouse Spa offers 25,000 square feet of space with 30 treatment rooms, men’s and women’s hot tubs and steam rooms, two pools and dining offered at the Aster Café. The spa can accommodate groups of up to 30.

Guests can enjoy treatments outdoors in a private outdoor garden suite, a screened veranda or outdoor treatment cabanas in the men’s and women’s courtyards. The Bamboo Room and outdoor garden suite includes a hot tub with a waterfall, gardens and an outdoor

treatment cabana.

The spa’s experienced staff has received extensive training to perform the spa’s lengthy treatment menu.

“A lot of staff have been here for eight or 10 years,” says Deborah Evans Parker, director of wellness. “So much pride goes into what they do.”

One of the highlights of the resort is its garden, which has been nurtured by the resort’s director of flora and fauna, Tricia Shirey, for more than 30 years. Guests can choose among the garden’s herbs, spices and vegetables to create entrees and cocktails. Some of the garden’s spices, including lavender, are also used in the

spa’s treatments, including the Gifts of the Garden treatment. lakeaustin.com/day-spa; 512.372.7380

The Trellis Spa HOUSTONIAN HOTEL, CLUB & SPA

The Trellis Spa at the Houstonian offers a tranquil oasis in the heart of the city. The spa boasts 17,000 square feet of space and has 20 treatment rooms, including 11 rooms for body treatments, eight facial rooms, a tanning room and a couple’s room, as well as hair styling stations, and manicure and pedicure stations.